Full Report (All Nutrients) 45058956, A CREAMY BLEND OF RED PALM AND COCONUT OILS, UPC: 692752105173

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Report Date: April 30, 2017 00:39 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer Nutiva, Inc.

Nutrient	Unit	Data points	Std. Error	1 Tbsp 14g	1 Value Per100 g
Proximates					
Energy	kcal			130	929
Protein	g			0.00	0.00
Total lipid (fat)	g			14.00	100.00
Carbohydrate, by difference	g			0.00	0.00
Minerals					
Sodium, Na	mg			0	0
Vitamins					
Vitamin A, IU	IU			100	714
Lipids					
Fatty acids, total saturated	g			8.000	57.140
Fatty acids, total monounsaturated	g			4.999	35.710
Fatty acids, total polyunsaturated	g			1.000	7.140
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			0	0

Amino Acids

Other

Ingredients

*ORGANIC PALM FRUIT OIL, *ORGANIC UNREFINED RED PALM OIL, ORGANIC UNREFINED VIRGIN COCONUT OIL. Date Last Updated by Company: 01/23/2016